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Sports Car and Competition Driving

by Paul Frère

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78 photos and illustrations

Le Mans winner, Grand Prix driver, and the former Road & Track European editor's classic motorsports reference book *Sports Car and Competition Driving* - Classic motorsports reference book from Paul Frère.

First published in 1963, **Sports Car and Competition Driving** sold tens of thousands of copies, establishing it as a standard reference on driving. In this edition (revised in 1992), Frère builds on the strengths of the original by explaining how to meet the new challenges posed by radical new developments in automotive technology.

What separates Frère's book from other driving texts is his unique blend of theory and practice, based on a career as racer and trained engineer: Memorable, resonant observations on how to go faster combined with sophisticated discussions of the physics that govern a car.

With 78 photographs and illustrations, **Sports Car and Competition Driving** is required reading for all those interested in racing or in becoming a more masterful road driver.





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